

CHILDREN WORKSHOPS:

Looking for a way your child can make the most of their free time? The weekends provide children with a lot of opportunities to explore and expand their creative sides; the limited resources of the school system can sometimes mean a student cannot develop, or even discover, their fine art skills. Teresa Flowers has developed a mentoring program to meet this very need. Pairing children with a prominent community artist can help expand personal artistic interests and goals. Teresa encourages the development of new talent in the community by connecting with young people in a protective and nurturing environment where their creativity, inventiveness, and personal dreams can flourish and strengthen. Teresa wishes to support parents in their efforts to raise confident, self-aware, imaginative youth through the mentoring program.



Creative Photography

SATURDAYS: January 4 - January 25, 2020 • 9:00 am-10:30 am
SATURDAYS: February 1 - February 22, 2020 • 9:00am-10:30 am
\$115.00

This class is an integration of technique, imagination and creativity. Inspiring you to develop your own personal style and expression. We will talk about the camera and photography basics, go on photo walks, do portraits, and have open discussions, and critiques. Explore the world with a digital camera while connecting with other creative youth in a playful safe environment.



Altered Books

SATURDAYS: January 4 - January 25, 2020 • 11:00am-12:30 am
SATURDAYS: February 1 - February 22, 2020 • 11:00am-12:30 am
\$115.00

This class is about discovering your own vision. It's about letting the heart speak. We will remake old books letting the heart act as our guide. You will be stunned with what it has to say. Many people exist under the mistaken impression that to do "art," to create powerful images, you have to be good at it. THIS IS NOT TRUE. Powerful art comes from speaking and creating with the heart's voice. Your voice. Everyone has stories of heartbreak, joy, loneliness, enlightenment. The true energy, the strength of art lies in these stories. This class will be a safe place to rediscover these stories and in the process, to rediscover yourself. We will experiment with photography, text, drawing, collage, painting, and magazine lifts, using elements of design, texture and depth.

TO REGISTER:

e-mail: teresa@teresaflores.com | call: 801-403-4315
Teresa Flowers Photography Studio | 1472 NE Alberta Street • Portland, OR

ABOUT

Teresa Flowers is an internationally recognized mixed media artist, instructor, life coach and facilitator. Teresa has taught workshops for over 15 years and has trained teachers how to teach outside of the box. She has taught youth at The Visual Art Institute, Youth City, Rolland Hall, The Art Institute of Art & Imagination, and the UMOCA, as well as Bad Dog Rediscovered America. WWW.TERESAFLOWERS.COM

TEEN WORKSHOPS:

Looking for a way your teen can make the most of their free time? The weekends provide teens with a lot of opportunities to explore and expand their creative sides; the limited resources of the school system can sometimes mean a student cannot develop, or even discover, their fine art skills. Teresa Flowers has developed a mentoring program to meet this very need. Pairing teens with a prominent community artist can help expand personal artistic interests and goals. Teresa encourages the development of new talent in the community by connecting with young people in a protective and nurturing environment where their creativity, inventiveness, and personal dreams can flourish and strengthen. Teresa wishes to support parents in their efforts to raise confident, self-aware, imaginative youth through the mentoring program.



Creative Photography

SATURDAYS: January 4 - January 25, 2020 • 3:00 pm-4:30 pm
SATURDAYS: February 1 - February 22, 2020 • 3:00 pm-4:30 pm
\$115.00

This class is an integration of technique, imagination and creativity. Inspiring you to develop your own personal style and expression. We will talk about the camera and photography basics, go on photo walks, do portraits, and have open discussions, and critiques. Explore the world with a digital camera while connecting with other creative youth in a playful safe environment.



Altered Books

SATURDAYS: January 4 - January 25, 2020 • 1:00 pm-2:30 pm
SATURDAYS: February 1 - February 22, 2020 • 1:00 pm-2:30 pm
\$115.00

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